

FAIRWAY JAY Last Week: No Play

Game - St. Louis (Suppan) at Kansas City (Greinke) - Friday
BEST BET: #970 Kansas City Run-Line

We've had a productive and profitable MLB run with 10 of our last 14 service plays taking the cash. Let's fire away on Friday with a run-line bet at the plus price with Zack Greinke and the Royals. Last year's AL Cy Young award winner has little to show for his efforts this season. He's had just two wins on the campaign but remains one of the game's top hurlers. In his last two starts against two of the top hitting NL teams, Atlanta and Cincinnati, Greinke allowed just 11 hits in 16 innings with no walks and 17 strikeouts. He's actually pitched quite a bit better on the road this season, but he should get plenty of run support while pitching deep into this contest. The Royals enter the week as baseball's top-hitting team (.279). They project to have lots of scoring opportunities against newly acquired St. Louis starter Jeff Suppan. His BAA before being released by the Brewers was .372 with a WHIP of nearly 2.00. His ERA in 2009 was 5.29 with a .309 BAA. The Cardinals are an overrated team and their profit profile proves it as among teams with winning records, only the Phillies have lost more money for their betting backers. Take Greinke and the Royals on the run-line.

ANDREW LANGE Last Week: LA Angels (Win)

Game - San Diego (Richard) at Florida (Volstad) - Friday
BEST BET: #952 Florida

Florida's Chris Volstad has been a difficult pitcher to handicap. He has shown brief flashes throughout his career of being dominant but over the past two months he seems to have settled into being that 6-inning, 4 earned run National League starter. Some of that had to do with the competition as Volstad just got finished with back-to-back games against Tampa Bay. The reason I believe in Volstad is that five of his seven home starts were against teams that rank in the top six in runs scored in their respective leagues yet he owns a respectable home ERA of 3.22. That shows that we have a capable arm worthy of betting on given the right situation. On Friday, San Diego comes to town. While Florida has by and large underachieved this season, the Padres have done the opposite. They do it with pitching, defense and smart baseball. Starter Clayton Richard has been fantastic but he has had a favorable schedule of home games and soft offenses over the last two months. On average, his last eight opponents ranked 23rd out of 30 MLB teams in runs scored. Things expect to be a bit more difficult this weekend. Take Florida as small home favorite.

TEDDY COVERS Last Week: Florida Over (Win)

Game - Minnesota (Pavano) at NY Mets (Santana) - Saturday
BEST BET: #905 Minnesota

Johan Santana carries a tremendous reputation and a significant price tag to support him. In his last five tries as a favorite at Citi Field, his supporters have had to lay -150 or more four times. But Santana is not living up to his "ace" billing these days. He's been lit up by some light hitting lineups in recent starts, like the Padres and Indians; two lineups that couldn't even sniff his stuff when he was in good form. Santana averaged more than a strikeout per inning in his prime, but that figure is much closer to a strikeout every two innings this year, with only ten combined strikeouts in his last four trips to the hill. He's issued more walks than strikeouts in three of those last four starts. In his last outing, against the Yankees, Santana gave up a grand slam - now he's showing signs of vulnerability to the gopher ball. Meanwhile, Carl Pavano needed only 105 pitches to finish out a complete game four-hitter against the Phillies in his last start; his third straight dominant outing and his 11th start of the season in which he lasted at least seven full innings. Pavano and the Twins should be very attractive underdogs here.

HELMUT SPORTS Last Week: Minnesota Over (Loss)

Game - Los Angeles at Toronto - Saturday (MLS)
BEST BET: Under

Despite losing for the first time this season last time out the LA Galaxy continue to play excellent defense. They lead the MLS in goals allowed with just four on the season and have not given up more than one goal in any game. Defensively, there is currently no hotter team than Toronto. In their last five games they allowed only two goals and last time out against Kansas City gave up just six total shot attempts despite being down a man for 27 minutes. The Galaxy are likely to be without their two best players (Donovan and Buddle) as it appears that the US National Team will advance to the final 16 teams in the World Cup. They have played their last four games without both of these players and other than the game against Houston where they scored four goals the offense has not been as potent. In the other three games combined they have registered only nine total shots on goal. I just can not see the Reds coming up big on offense as they continue to plod along with the ball. The Reds historically play very well at home and through five games this season have conceded two total goals. The previous game between these teams was a 0-0 draw and I would expect to see another low scoring game here. Play it under.

BRENT CROW Last Week: Pittsburgh Under (Win)

Game - Boston (Wakefield) at San Francisco (Sanchez) - Friday
BEST BET: #980 San Francisco

The Red Sox continue their National League West road trip with a three-game set in San Francisco starting Friday night. They will face a tough lefty in Jonathan Sanchez and will do so without the services of DH, David Ortiz, whose hot bat has been a major part of the team's recent success. His absence leaves a big hole in Boston's lineup. Facing a tough lefty for the first time in a tough ballpark without their main power hitter might be too much to ask for the Red Sox. Sanchez is having a solid season, with a 2.90 ERA and 1.21 WHIP in 83.2 innings thus far. He is even better at home, where his ERA falls to 2.32 and batters hit just .190 against him. Boston's Tim Wakefield has been decent at times but has yet to really get on a hot streak this year. For the season he has a 5.33 ERA and has given up 12 homers in 79 innings. I like to ride knuckleballers when they are hot but otherwise I typically look to play against them. Boston is just 4-7 in Wakefield's 11 starts this season and I think San Francisco can push across enough runs to get the victory.

MARTY OTTO Last Week: Toronto Under (Loss)

Game - Arizona (Lopez) at Tampa Bay (Davis) - Sunday
BEST BET: #964 Over

We'll be keying in on the projected matchup of Wade Davis and Rodrigo Lopez this Sunday in Tampa. If we do indeed get this matchup our play will be over the total. On the road against the American League Arizona will add the DH to its lineup giving us more ammunition to work with. This is already a lineup that thrives on power; they rank sixth in baseball in slugging percentage and fifth in home runs. More so than just about any other National League team, Arizona has the capabilities of producing AL East power and should be a great matchup against the struggling Davis. Davis' biggest problem has been the long ball with nine in his last seven starts. His ERA jumped from 3.68 in late April to 4.94 as we enter the new week. For the Rays, look for them to crush Lopez and his mediocre stuff. He has been banded around repeatedly this season and is currently in suspect form having allowed 11 runs in his last two starts. The Rays have scored the third most runs in baseball this season and can be counted on for a big outburst here. Looks to be a great situation to play the over.

DONNIE BLACK Last Week: No Play

Game - Boston (Wakefield) at San Francisco (Sanchez) - Friday
BEST BET: #980 Under

The key in handicapping Tim Wakefield is to avoid him when you suspect his stuff just isn't there. Typically, you'll get two or three stretches throughout the year where for whatever reason, his knuckleball simply isn't effective and as a result, he gets pounded. But outside of those poor stretches, he continues to get MLB batters out on a consistent basis. Over his last three starts, Wakefield has allowed a .203 batting average and 3.43 ERA. Put him on the road in a pitcher's park against a weak hitting National League team and we project him to have more favorable results. He's also had a strong history against the National League with a 3.23 ERA spanning three years, 11 starts and 72 innings. Opposing Wakefield will be lefty Jonathan Sanchez who struggled last time with his command, walking five in 2.2 innings at Toronto. He should return to form at home where he owns a 2.32 ERA and .190 BA against in seven starts. Boston's offense will take a hit with David Ortiz (.921 OPS) likely out of the lineup. Sanchez should also benefit from never having faced the Red Sox. Two better than average bullpens help the cause as we play this game under the total.

NEWSLETTER BEST BETS

Handicapper	Best Bet
Brent Crow	San Francisco
Donnie Black	San Francisco Under
Teddy Covers	Minnesota
Fairway Jay	Kansas City Run-Line
Marty Otto	Tampa Bay Over
Helmut Sports	Toronto Under
Andrew Lange	Florida
2010 Best Bet Record: 90-92 -11.2	

BASEBALL BEST BETS

HANDICAPPER OF YOUR CHOICE
 MLB Daily Plays \$25-\$39 each
 MLB Weekly Service \$99
 April Service \$399

1-800-575-3069

We recommend playing Best Bets with listed pitchers only unless otherwise noted. Some handicappers will use "TBA" which means the play is on/against one specific pitcher and the opposing starter does not matter. Same philosophy with totals. Plays will not be graded if a change occurs.